

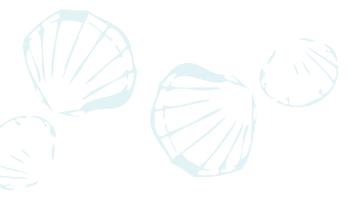
COAST SPA



The Coast Spa offers a variety of luxury spa treatments and packages along with everyday beauty essentials all tailored to your needs.

Set in a tranquil atmosphere, The Coast Spa is designed to put you at ease and aims to give you the highest standard of treatments ensuring you feel thoroughly relaxed and rejuvenated.

Keep upto date with our latest offers visit our website www.thecoastspa.co.uk tel 07464 238271





Good Morning ...

Please help yourself to the buffet from our selection of: cereals, fruit juices, fruit, yoghurts, freshly baked croissants & pastries

Alternatively, if you would like to order Scots Porridge, please do so with a member of the team

Create Your Own Breakfast

Treat yourself to the following selection from the hot buffet:

Bacon

Sausage

Grilled Tomato,

Hash Browns & Baked Beans

Served with Scrambled or Fried Egg

All perfectly accompanied by: brown or white toast with marmalade, preserves & honey freshly filtered coffee, decaffinated coffee Dorset Tea, Indian, Earl Grey or Darjeeling Tea's A selection of herbal & fruit teas are available

Traditional Breakfast Specialities

Poached egg served on buttered toast Two boiled eggs with toast fingers Poached fillet of smoked haddock

Please order with a member of the team



Why not enhance your Breakfast with one of our specials !

Smoked salmon, cream cheese on a bagel £2.95

Omelettes (ham-cheese or tomato-cheese) £2.95

> Homemade pancakes, berries, maple syrup £1.49

Virgin Mary £1.95

Spicy bloody Mary £4.95

Bucks Fizz £4.95

Speciality Coffees

Latte Cappuccino £1.95

> Espresso £1.50

Gluten free bread, soya milk & vegetarian sausages are available.

Should you have any special dietary requirements please speak to a member of the team

