

CND Hand & foot care

Classic manicure	£25
Deluxe manicure	£30
Shellac manicure	£25
Classic pedicure	£30
Deluxe pedicure	£35
Shellac pedicure	£25
Nail tidy & polish	£15
Shellac removal and tidy	£10

Arcadia spa Lash & brow bar

(24 hour patch test required prior to treatment)

Eyelash tint	£12
Eyebrow tint	£9
Eyebrow shape	£9
Eyebrow tint & shape	£16
Lash & brow tint	£18
Eyebrow shape, eyebrow tint & lash tint	£25
Lash lift	£35
Lash lift & tint	£40

Waxing

Half leg wax	£15
Full leg wax	£22
Bikini wax	£15
Brazilian wax	£22
Hollywood wax	£25
Underarm wax	£12
Forearm	£15
Eyebrow wax	£9
Lip wax	£6
Chin wax	£8
Lip & chin wax	£10
Back wax	£22
Chest wax	£23
Back & chest	£35
Nasal wax	£7

Our guests can enjoy full use of the hotels leisure facilities for £5.

We require a 50% booking fee for all spa packages and treatment. 48 hours cancellation notice is required. Without this full payment will be charged.

Free parking available.

Arcadia spa days

Relax

£59

Enjoy 2 of our luxurious 25 minute treatments from the following selection, the choice of afternoon tea or a light lunch plus full use of the spa facilities for the day.

Unwind

£79

Enjoy 3 of our luxurious 25 minute treatments from the following selection, the choice of afternoon tea or a light lunch plus full use of the spa facilities for the day.

Bespoke Packages can be created upon request. Speak to one of our therapists for more information.

Escape

£99

Enjoy 4 of our luxurious 25 minute treatments from the following selection, the choice of afternoon tea or a light lunch plus full use of the spa facilities for the day.

- Back, neck & shoulder massage
- Shoulder, neck & scalp massage
- Foot & leg revival
- Tropic spa facial
- Tropic eye revival
- Tropic salt & oil body scrub
- CND Mini manicure
- CND Mini pedicure

**Arcadia**
BEAUTY SPA

Arcadia Beauty Spa
Riviera Hotel, 14-16 Burnaby Road, Alum Chine BH4 8JF

07783115270

**Arcadia**
BEAUTY SPA

Welcome to Arcadia beauty spa

Arcadia spa massage collection. Traditional massages Arcadia beauty spa offer a range of traditional personalised massage therapies, helping ease tired and aching muscles. Our highly-trained therapists will create a bespoke massage ritual for you in response to your individual needs.

Full body massage	£50 (55 minutes)
Back, neck & shoulder massage	£30 (25 minutes)
Foot & Leg massage	£30 (25 minutes)
Upgrade your massage with a scalp massage for an additional £10	

Aromatherapy massages. A range of aromatherapy massages using special blends of essential oils. Each treatment begins with a consultation to determine the best blend to suit your needs and provide you with a unique massage experience.

Full body massage	£50 (55 minutes)
Back, neck & shoulder massage	£30 (25 minutes)
Foot & Leg massage	£30 (25 minutes)
Upgrade your massage with a scalp massage for an additional £10	

Hot stone therapy. A therapeutic massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension. The warmth of the stones penetrates your muscles to soothe aches and pains; helping you to unwind and your body to feel rejuvenated.

Full body massage	£55 (55 minutes)
Back, neck & shoulder massage	£35 (25 minutes)
Foot & leg massage	£35 (25 minutes)
Upgrade your massage with a scalp massage for an additional £10	

The Arcadia spa stress- buster fitness massage with hot stones. This powerful massage uses specialist massage techniques, stretches and hot stones to release stress and tension from the body. Ideal for those with tired muscles from the gym or anyone who wants to reduce muscular stress from the body.

Full body	£60 (55 minutes)
Back, neck & shoulder massage	£40 (25 minutes)
Foot & leg massage	£40 (25 minutes)
Upgrade your massage with a scalp massage for an additional £10	

The Arcadia spa tranquil scalp, neck & shoulder massage. This deeply relaxing scalp, neck & shoulder massage uses pressure points located in the scalp and neck to release anxiety and stress. A neck and shoulder massage helps ease away built up tension and aid full and deep relaxation.

£30 (25 minutes)

Luxury spa body treatments. Invigorating aromatic salt & oil scrub A deeply cleansing and luxurious salt & oil scrub using Tropics uplifting lemon, bergamot and lime body scrub, to cleanse the whole body to leave you with silky soft skin.

£25 (25 minutes)

Upgrade your treatment with a body butter massage for an additional £15

Purifying back treatment. A facial for the back! Your back will be cleansed and exfoliated to reveal clear and purified skin. Followed by a massage using aromatic oils to ease away muscular stress and tension.

£40 (40 minutes)

Full body chakra balancing with hot stones

A luxurious full body treatment that will allow the rebalancing of the body's chakras to leave you with a feeling of calm and emotional strength & support. This treatment includes a full body exfoliation and body brush, a face and scalp pressure point massage, massage and chakra balancing with hot stones.

£70 (1 hour 20 minutes)

Luxury Tropic facial treatments

Revitalising spa facial. This facial will reveal beautiful skin in less than 30 minutes and is bespoke to your skins needs. Enjoy a cleanse and exfoliation to brighten the skin, a pressure point massage to aid the removal of toxins, a mask to rehydrate the skin and finish with serums, eye care and moisturisers to leave skin looking fresh and revitalised.

£30 (25 minutes)

Luxury spa facial. Relax and enjoy this fully customised spa facial that will deeply cleanse, purify and rehydrate the skin to reveal radiant skin and relax mind, body and soul. A truly luxurious experience which includes a triple cleanse and exfoliation for brighter skin, a facial, pressure point and lymphatic drainage massage, a mask with an optional scalp massage and finished with a customised selection of serums, eye care and moisturisers.

£50 (55 minutes)

Aromatherapy back, neck and shoulder massage with calm & soothe spa facial

Enjoy a relaxing aromatherapy back, neck and shoulder massage to release the stresses and strains of our hectic lifestyles, followed by a calming spa facial to relax the senses and reveal beautiful cleansed and hydrated skin.

£55 (50 minutes)

The Arcadia spa Back, face & scalp treatment. Treat 3 core areas to fully harmonise mind, body and spirit with face, back and scalp treatment. The treatment begins with a cleansing exfoliation to the back, followed by an aromatherapy back, neck and shoulder massage to relieve stress and strain. Your therapist will then turn their attention to revealing beautiful youthful skin with a spa facial and relaxing scalp massage to leave you feeling in perfect harmony.

£70 (1 hour 20 minutes)

Arcadia Maternity treatments.

All treatments are suitable after the first trimester.

Mother to be massage. A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy.

Full body massage	£50 (55 minutes)
Back, neck & shoulder massage	£30 (25 minutes)
Shoulder, neck & scalp massage	£30 (25 minutes)
Foot and leg massage	£30 (25 minutes)

Pre - Natal treatment. A Gentle full body exfoliation followed by a soothing body massage specifically designed to suit your individual concerns, followed by a relaxing mini Tropic facial. Leaving you feeling restored, renewed and revived.

£65 (1 hour 10 minutes)

Lighter legs treatment. An uplifting foot and leg exfoliation and massage treatment. Designed to target heavy & tired legs, the treatment will reduce puffiness and soothe the typical aches and pains of pregnancy.

£45 (40 minutes)

Forth trimester healing hour. The stresses and strains of pregnancy do not magically disappear once baby is here! Up to four months after you give birth, your body can still behave as if it is pregnant. Plus, after the strain of pregnancy and the stress we put our bodies through giving birth, it can leave you in need of some TLC! Our massages are designed for new mothers, leaving you rejuvenated and refreshed, ready to take on the world again!

Full body massage	£50 (55 minutes)
Back, neck & shoulder massage	£30 (25 minutes)
Foot & leg massage	£30 (25 minutes)
Upgrade your massage with a scalp massage for an additional £10	